



ΕΛΛΗΝΙΚΟ
ΔΙΑΔΡΑΣΤΙΚΟ
ΣΧΟΛΕΙΟ

ΟΥΡΟΛΟΓΙΑΣ

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Απρίλιος_Πορταριά_Πήλιο

PCNL: είναι και θα μείνει χρυσή επιλογή!

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Ακαδημαϊκός Υπότροφος
Α΄ Ουρολογική Κλινική ΑΠΘ

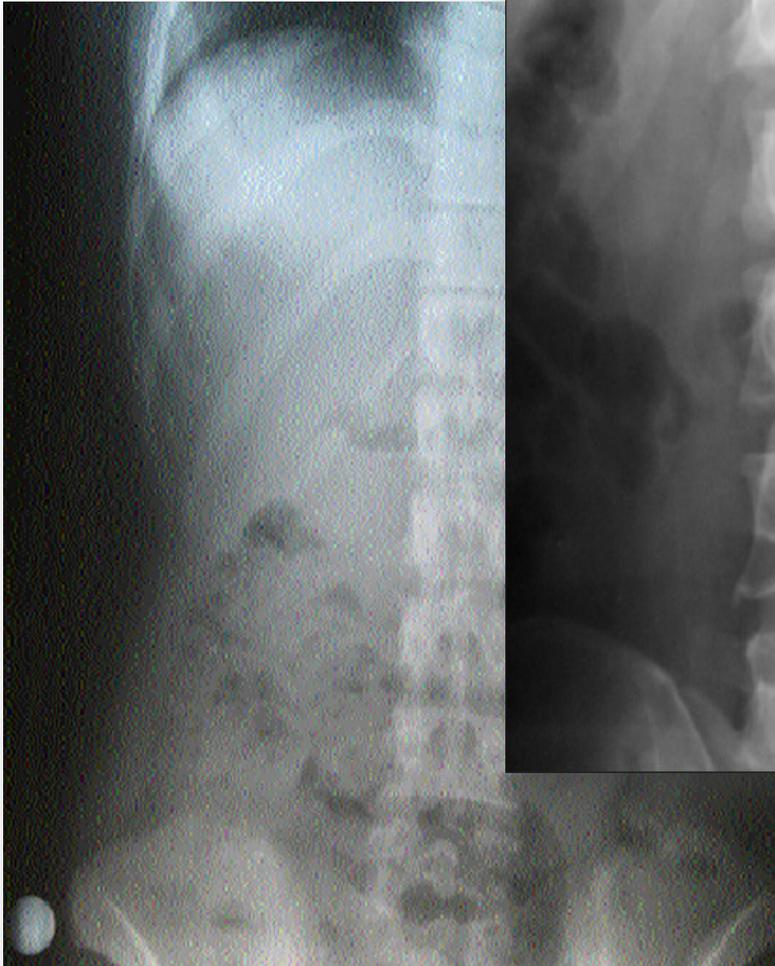




No conflicts of interest



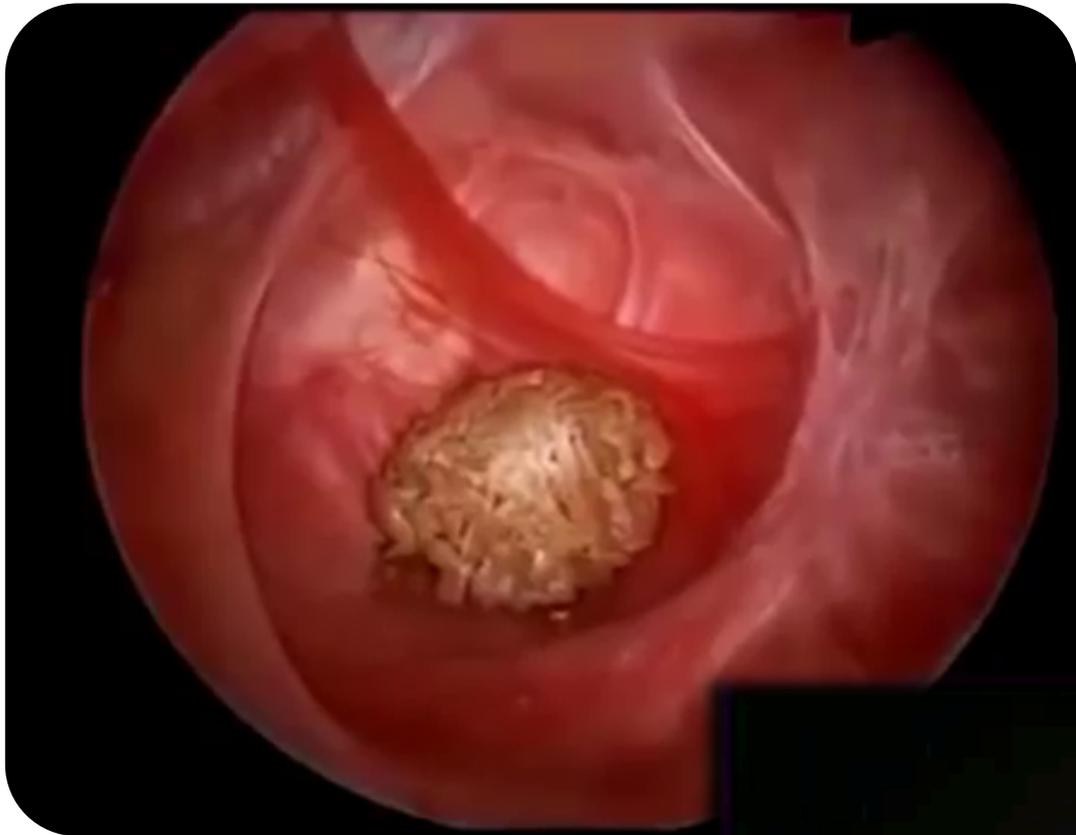




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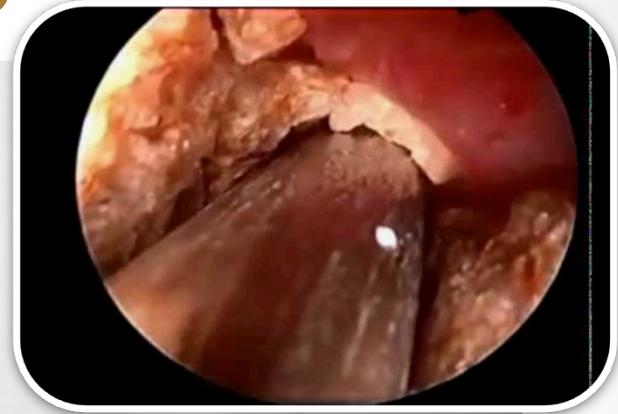
Figure: Plain X-ray showing a 23×23mm opacity at left T-11-12 level.



Λιθοτρίπτες

- **PCNL**

- ✓ U/S
- ✓ Pneumatic
- ✓ Electrohydraulic
- ✓ Συνδυασμός
(Lithoclast, CyberWarm)



- **RIRS**

- ✓ laser



Κόστος



PCNL

✓ 3000 - 4000€

(+ 5000€

εύκαμπτο

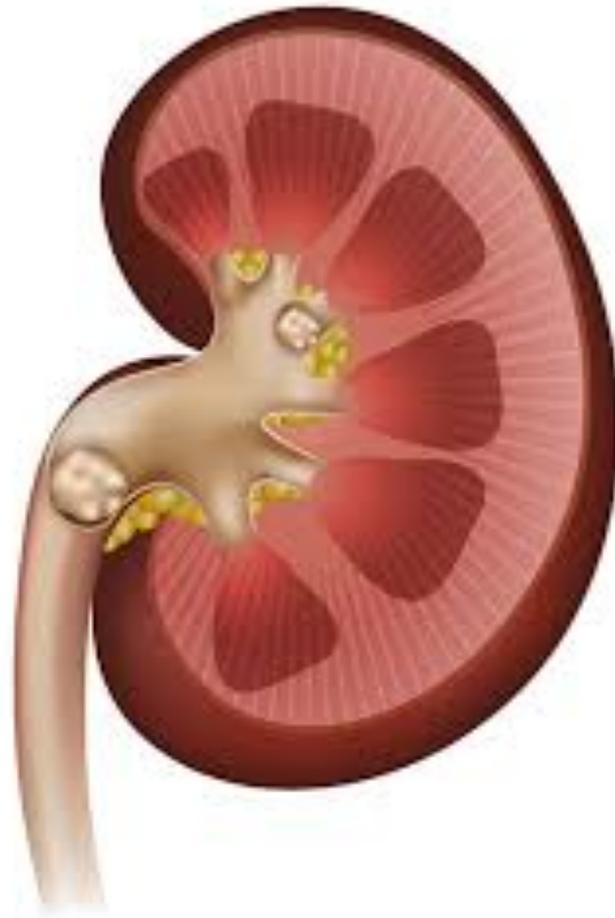
νεφροσκόπιο)

RIRS

✓ 15000-20000€

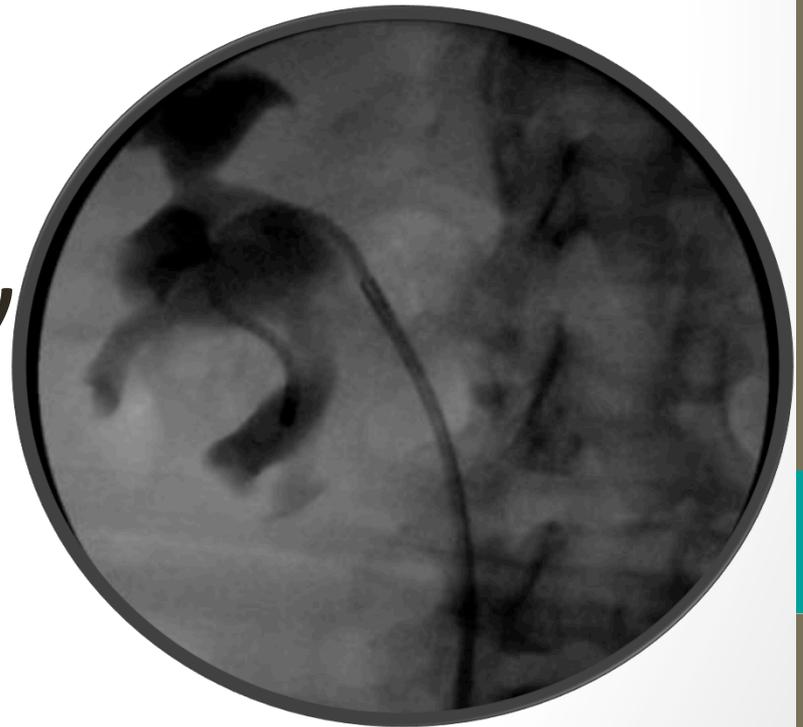


Ανατομία



Ανατομία-Κάτω Κάλυκας

- μετακίνηση του λίθου σε άνω κάλυκα
- καταπόνηση του ουρητηροσκοπίου
- μειωμένες πιθανότητες αποβολής συγκριμάτων



Ανατομία-Κάτω Κάλυκας

Table 2 | Technical characteristics of selected flexible ureteroscopes

Manufacturer and model	Number and diameter of channels	Tip diameter	Outer diameter	Length of shaft	Optical system	Maximum deflection (down/up)
<i>Olympus (Germany)</i>						
URF-V	Single: 3.6F	8.5F	9.9F	67 cm	Digital	275°/180°
URF-P5	Single: 3.6F	5.3F	8.4F	70cm	Fibre-optic	275°/180°
URF-P6	Single: 3.6F	4.9F	7.95F	67 cm	Fibre-optic	275°/275°
<i>Richard Wolf (Germany)</i>						
Viper	Single: 3.6F	6F	8.8F	68cm	Fibre-optic	270°/270°
Cobra	Dual: both 3.3F	6F	9.9F	68cm	Fibre-optic	270°/270°
<i>KARL STORZ Endoskope (Germany)</i>						
Flex-X ²	Single: 3.6F	7.5F	8.4F	67 cm	Fibre-optic	270°/270°
Flex-Xc	Single: 3.6F	7.8F	8.5F	70cm	Digital	270°/270°
<i>Lumenis (Israel)</i>						
PolyScope	Single: 3.5F	8F	8F	85 cm	Fibre-optic	180°*
<i>MaxiFlex (USA)</i>						
SemiFlex™ Endo55	Single: 3.4F	6.4F	7.85F	55 cm	Fibre-optic	210°/210°
SemiFlex™ Endo65	Single: 3.4F	6.4F	7.85F	65 cm	Fibre-optic	210°/210°

*180° single direction deflection but the instrument can be rotated 360°.



Ανατομία: Καλυκτικό Εκκόλπωμα

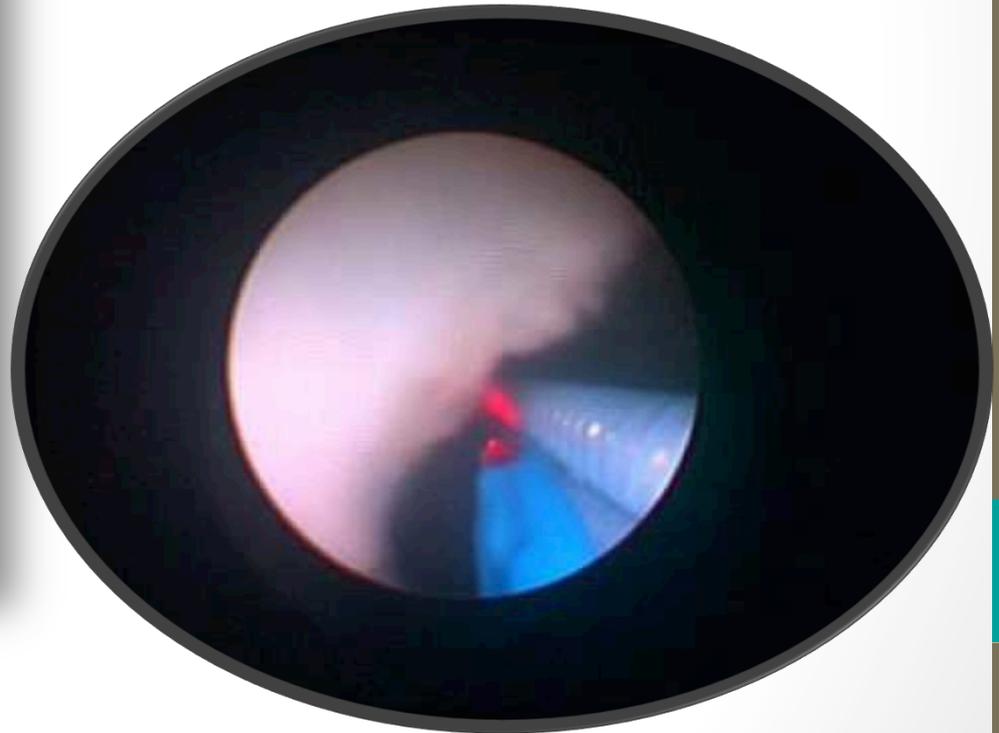


Ανατομία-Στένωση ΠΟΣ



Success rate = 65% - 95%

Stein RJ, Gill IS, Desai MM. Comparison of surgical approaches to ureteropelvic junction obstruction: endopyeloplasty versus endopyelotomy versus laparoscopic pyeloplasty. *Curr Urol Rep.* 2007;8:140-9.



Τεχνολογία



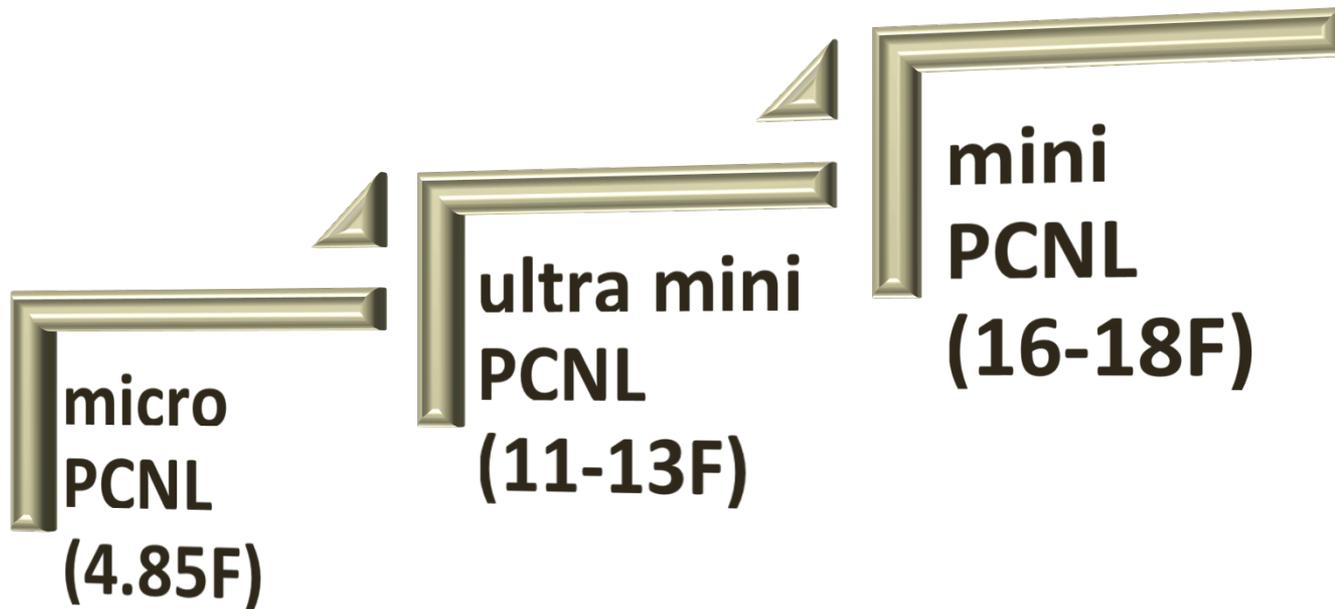
Mini PCNL



Yamaguchi A, Skolarikos A, Buchholz NP, et al. Operating times and bleeding complications in percutaneous nephrolithotomy: a comparison of tract dilation methods in 5,537 patients in the Clinical Research Office of the Endourological Society Percutaneous Nephrolithotomy Global Study. J Endourol 2011;25:933-9.



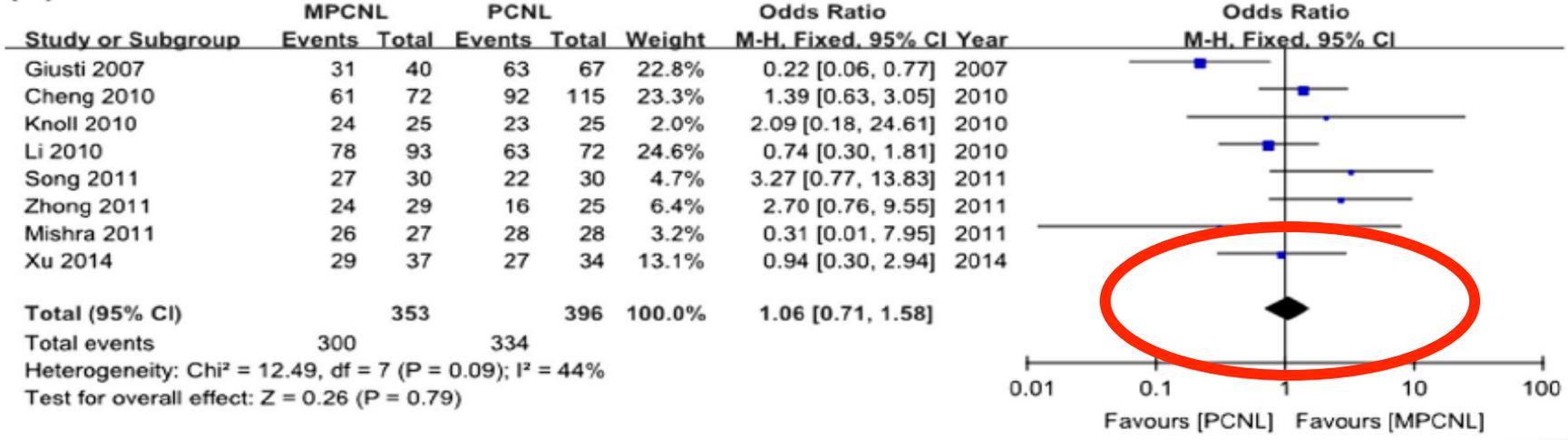
Mini PCNL



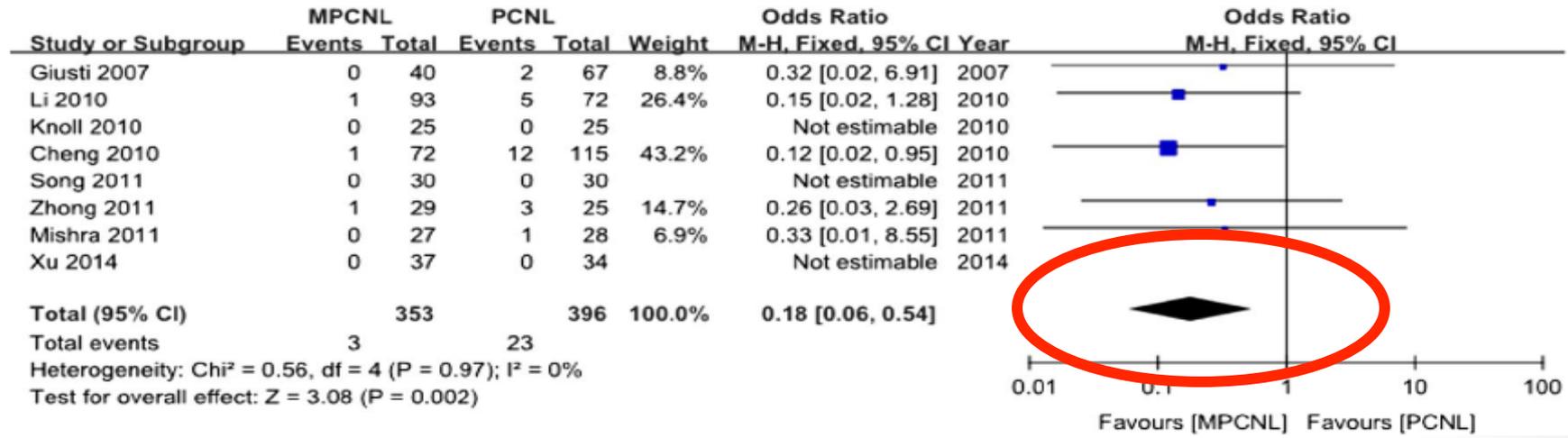
Desai MR, Sharma R, Mishra S, et al. Single-step percutaneous nephrolithotomy (microperc): the initial clinical report. J Urol 2011;186:140-5.



(A) SFR



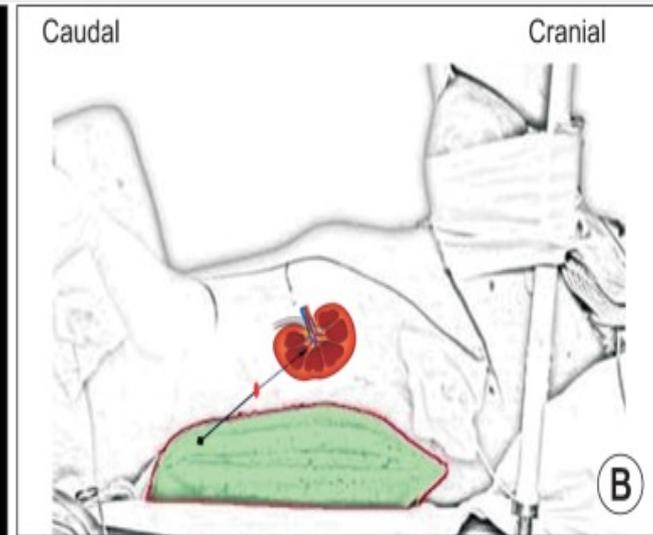
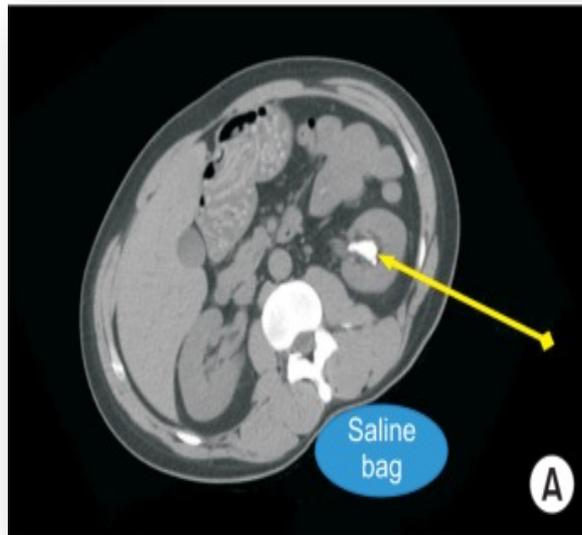
(C) Blood Transfusion



Zhu W, Liu Y, Liu L, et al. Minimally invasive versus standard percutaneous nephrolithotomy: a meta-analysis. Urolithiasis 2015;43:563-70.



Supine PCNL



ECIRS

Endoscopic Combined IntraRenal Surgery





available at www.sciencedirect.com
 journal homepage: www.europeanurology.com

EAU
 European Association of Urology

Platinum Priority – Review – Stone Disease

Editorial by Thomas B.L. Lam and Sam McClinton on pp. 138–139 of this issue

Percutaneous Nephrolithotomy Versus Retrograde Intrarenal Surgery: A Systematic Review and Meta-analysis

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 Humberto Laydner^c, Raffaele Balsamo^b, Fabio C. Torricelli^{a,e}, Carmine Di Palma^b,
 Wilson R. Molina^d, Manoj Monga^a, Marco De Sio^b

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Table 1 – Percutaneous nephrolithotomy versus retrograde intrarenal surgery: summary of comparative studies

Study	Institution (country)	Study period	Study design	LE	Inclusion criteria	PCNL technique (access sheath size)	Cases, n		Study quality
							PCNL	RIRS	
Akman et al. [15]	Haseki Hospital (Turkey)	2008–2011	Matched-pair analysis	3b	2–4 cm, single or multiple stones, any location	Standard (30F)	34	34	6 [*]
Bozkurt et al. [16]	Kecioren Hospital (Turkey)		Retrospective case control	3b	1.5–2 cm, no previous treatment	Standard (24F)	42	37	6 [*]
Bryniarski et al. [17]	Silesia Medical University (Poland)	2008–2010	RCT	2b	>2 cm, single stone, renal pelvis location, no previous treatment	Standard (30F)	32	32	3 [°]
Sabnis et al. [19]	Muljibhai Patel Hospital (India)	2009–2011	Prospective case control	3b	1–2 cm, single or multiple stones, any location	Mini (16–19F)	32	32	6 [*]
Ozturk et al. [18]	Diskapi Yildirim Beyazit Hospital (Turkey)	2007–2012	Retrospective case control	3b	1–2 cm, lower pole	Standard (30F)	144	38	5 [*]
Kirac et al. [20]	Koru Hospital (Turkey)	2009–2012	Retrospective case control	3b	<1.5 cm, lower pole	Mini (16–18F)	37	36	6 [*]
Sabnis et al. [22]	Muljibhai Patel Hospital (India)	2011–2012	RCT	2b	<1.5 cm, single stone or multiple stones accessible via single tract	Micro (16 g)	35	35	3 [°]
Kruck et al. [13]	Multiple institutions (Germany)	2001–2007	Retrospective case control	3b	Any size, any location	Mini (16–18F)	172	108	4 [*]
Resorlu et al. [12]	Multiple institutions (Turkey)		Retrospective case control	3b	1–2 cm radiolucent stones, any location	Mixed (12–30F)	140	46	6 [*]
Pan et al. [21]	Renji Hospital (China)	2005–2011	Prospective case control	3b	2–3 cm, single stone, any location	Mini (18F)	59	56	6 [*]

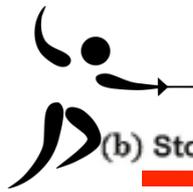
LE = level of evidence; PCNL = percutaneous nephrolithotomy; RCT = randomised controlled trial; RIRS = retrograde intrarenal surgery.

^{*} Using Newcastle-Ottawa Scale (score from 0 to 9).

[°] Using Jadad scale (score from 0 to 5).

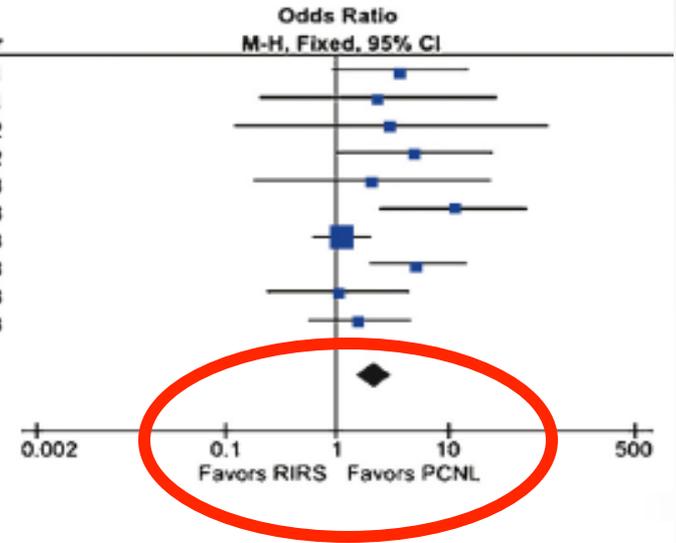
De S, Autorino R, Kim FJ, et al. Percutaneous nephrolithotomy versus retrograde intrarenal surgery: a systematic review and meta-analysis. Eur Urol 2015;67:125-37.





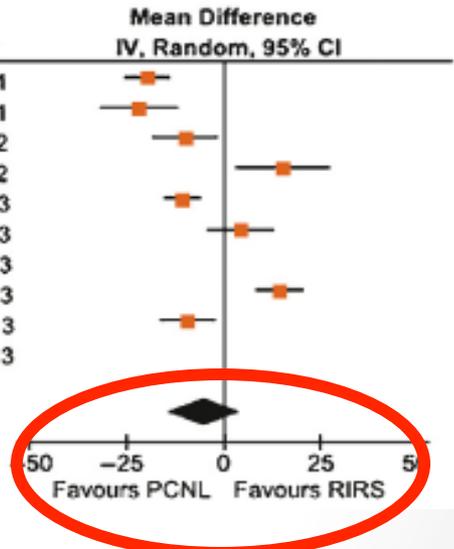
(b) Stone-free rate

Study or Subgroup	PCNL		RIRS		Weight	Odds Ratio	
	Events	Total	Events	Total		M-H, Fixed, 95% CI	Year
Akman 2011	31	34	25	34	5.5%	3.72	[0.91, 15.22] 2011
Bozkurt 2011	41	42	35	37	2.2%	2.34	[0.20, 26.95] 2011
Sabinis 2012	32	32	31	32	1.2%	3.10	[0.12, 78.87] 2012
Bryniarski 2012	30	32	24	32	3.8%	5.00	[0.97, 25.77] 2012
Sabinis 2013	34	35	33	35	2.4%	2.06	[0.18, 23.83] 2013
Pan 2013	57	59	40	56	3.5%	11.40	[2.48, 52.36] 2013
Kruck 2013	137	172	84	108	52.7%	1.12	[0.62, 2.01] 2013
Ozturk 2013	135	144	28	38	7.0%	5.36	[1.99, 14.39] 2013
Kirac 2013	33	37	32	36	8.8%	1.03	[0.24, 4.48] 2013
Resorlu 2013	128	140	40	46	13.0%	1.60	[0.56, 4.54] 2013
Total (95% CI)		727		454	100.0%	2.19	[1.53, 3.13]
Total events	658		372				
Heterogeneity: $\chi^2 = 15.62$, $df = 9$ ($p = 0.08$); $I^2 = 42\%$							
Test for overall effect: $Z = 4.30$ ($p < 0.0001$)							



(a) Operative time

Study or Subgroup	PCNL		RIRS		Total	Weight	Mean Difference	
	Mean	SD	Mean	SD			IV, Random, 95% CI	Year
Akman 2011	38.7	11.6	34	58.2	13.4	34	13.0%	-19.50 [-25.46, -13.54] 2011
Bozkurt 2011	45.8	19.6	42	67.5	24.3	37	11.9%	-21.70 [-31.52, -11.88] 2011
Sabinis 2012	40.8	13.8	32	50.6	19.2	32	12.4%	-9.80 [-17.99, -1.61] 2012
Bryniarski 2012	100.1	29.9	32	85	17.6	32	11.2%	15.10 [3.08, 27.12] 2012
Pan 2013	62.4	10.6	59	73	13.5	56	13.3%	-10.60 [-15.05, -6.15] 2013
Sabinis 2013	51.6	18.5	35	47.1	17.5	35	12.4%	4.50 [-3.94, 12.94] 2013
Ozturk 2013	0	0	0	0	0	0		Not estimable 2013
Resorlu 2013	57.5	22.1	140	43.1	17	46	13.0%	14.40 [8.27, 20.53] 2013
Kirac 2013	57.3	14.5	37	66.4	15.8	36	12.8%	-9.10 [-16.06, -2.14] 2013
Kruck 2013	0	0	0	0	0	0		Not estimable 2013
Total (95% CI)			411			308	100.0%	-4.81 [-14.05, 4.43]
Heterogeneity: $\tau^2 = 161.38$; $\chi^2 = 95.53$, $df = 7$ ($p < 0.00001$); $I^2 = 93\%$								
Test for overall effect: $Z = 1.02$ ($p = 0.31$)								



De S, Autorino R, Kim FJ, et al. Percutaneous nephrolithotomy versus retrograde intrarenal surgery: a systematic review and meta-analysis. Eur Urol 2015;67:125-37.



(c) Complication rate



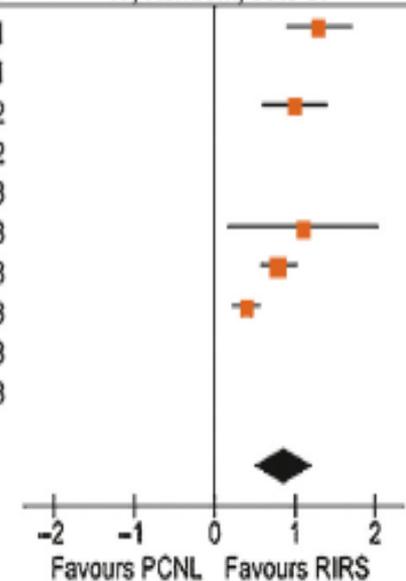
Study or Subgroup	PCNL		RIRS		Odds Ratio	Odds Ratio
	Events	Total	Events	Total		

(e) Hospital stay

Study or Subgroup	PCNL		RIRS		Mean Difference	Mean Difference
	Mean	SD	Mean	SD		

(d) Hb drop

Study or Subgroup	PCNL		RIRS		Mean Difference	Mean Difference	
	Mean	SD	Mean	SD			IV, Random, 95% CI
Total (95% CI)			197		193	100.0%	0.87 [0.51, 1.22]
Heterogeneity: Tau ² = 0.12; Chi ² = 24.05, df = 4 (p < 0.0001); I ² = 83%							
Test for overall effect: Z = 4.77 (p < 0.00001)							



De S, Autorino R, Kim FJ, et al. Percutaneous nephrolithotomy versus retrograde intrarenal surgery: a systematic review and meta-analysis. Eur Urol 2015;67:125-37.

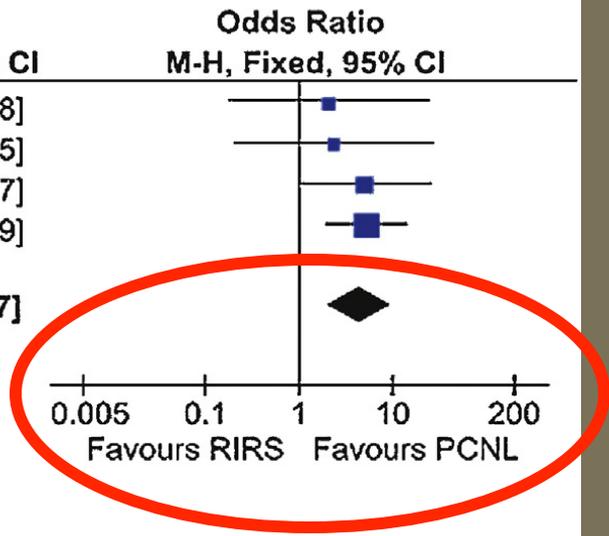


Subgroup analysis Std PCNL vs. RIRS



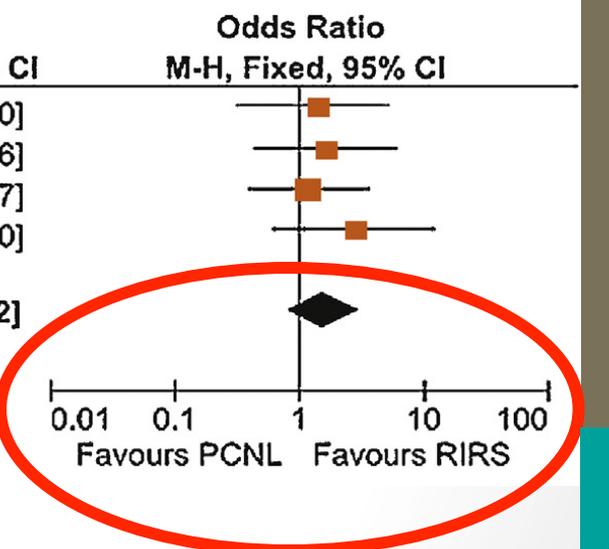
(b) Stone-free rate

Study or Subgroup	PCNL		RIRS		Weight	Odds Ratio M-H, Fixed, 95% CI
	Events	Total	Events	Total		
Akman 2011	33	34	32	34	15.4%	2.06 [0.18, 23.88]
Bozkurt 2011	41	42	35	37	14.5%	2.34 [0.20, 26.95]
Bryniarski 2012	30	32	24	32	24.6%	5.00 [0.97, 25.77]
Ozturk 2013	135	144	28	38	45.4%	5.36 [1.99, 14.39]
Total (95% CI)		252		141	100.0%	4.32 [1.99, 9.37]
Total events	239		119			
Heterogeneity: $\text{Chi}^2 = 0.80$, $\text{df} = 3$ ($p = 0.85$); $I^2 = 0\%$						
Test for overall effect: $Z = 3.71$ ($p = 0.0002$)						



(c) Complication rate

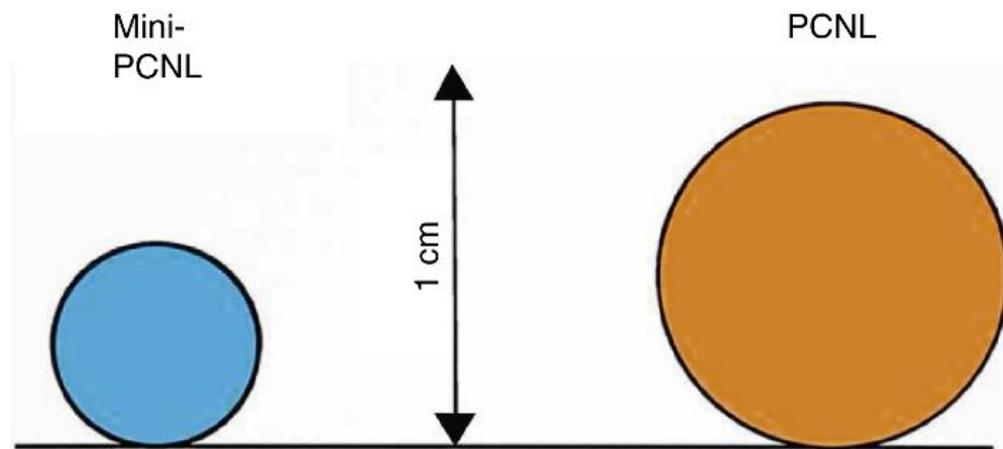
Study or Subgroup	PCNL		RIRS		Weight	Odds Ratio M-H, Fixed, 95% CI
	Events	Total	Events	Total		
Akman 2011	5	34	4	34	22.1%	1.29 [0.32, 5.30]
Bozkurt 2011	7	42	4	37	22.9%	1.65 [0.44, 6.16]
Bryniarski 2012	9	32	8	32	37.2%	1.17 [0.39, 3.57]
Ozturk 2013	19	144	2	38	17.8%	2.74 [0.61, 12.30]
Total (95% CI)		252		141	100.0%	1.59 [0.84, 3.02]
Total events	40		18			
Heterogeneity: $\text{Chi}^2 = 0.87$, $\text{df} = 3$ ($p = 0.83$); $I^2 = 0\%$						
Test for overall effect: $Z = 1.41$ ($p = 0.16$)						



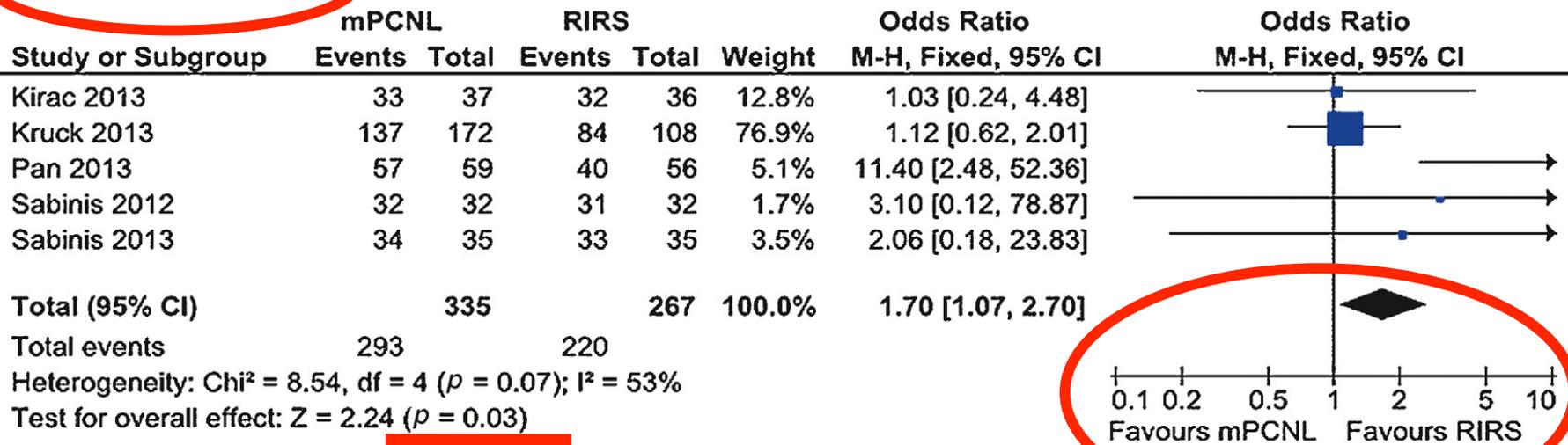
De S, Autorino R, Kim FJ, et al. Percutaneous nephrolithotomy versus retrograde intrarenal surgery: a systematic review and meta-analysis. Eur Urol 2015;67:125-37.



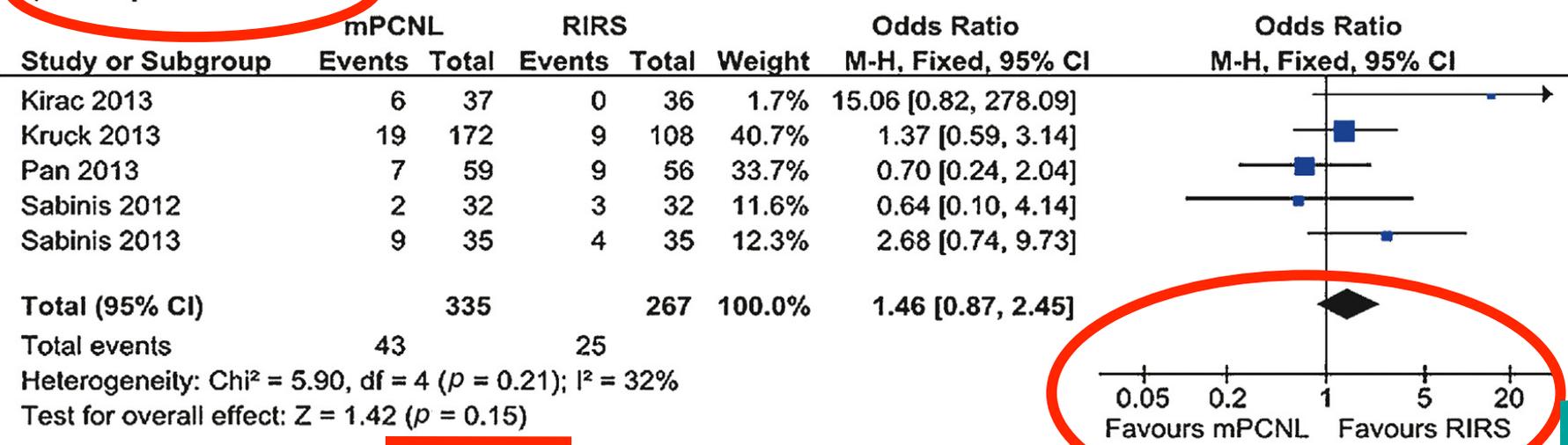
Subgroup analysis mini PCNL vs. RIRS



(b) Stone-free rate



(c) Complication rate



Συμπεράσματα

Αποτελεσματικότητα;

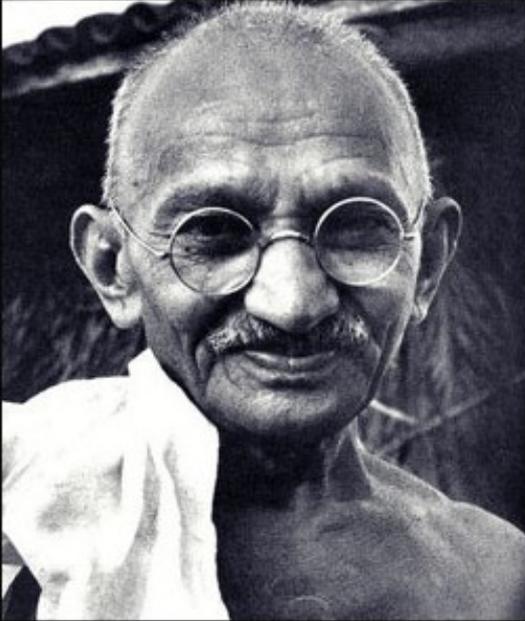
- ✓ PCNL > RIRS για λίθους >2cm
- ✓ mini PCNL < RIRS για λίθους <2cm



Ασφάλεια;

- ✓ PCNL = RIRS





Whenever you are confronted with an
opponent. Conquer him with love.

(Mahatma Gandhi)

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Ευχαριστώ!

